

Rochdale Harriers & A.C. Fixture List 2022 (as at 7th February 2022)

“RCC” = RHAC Road Race Championships. Best 5 races count, with only your best race from the each of the Watergrove Parkrun and Sale Sizzler series counting. See [rules](#)

“Fell GP” = Run the Moors Fell Race Grand Prix (& RHAC) event (best 5 races count). [Area results and tables](#)

“XC” = Cross Country Event

“XCSEL” = Cross Country South East Lancashire League (2022/23 Fixtures TBC).

“XCRC” = Cross Country Red Rose League (2022/23 Fixtures TBC).

“TRACK” = Track fixture

Fell GP and RCC: Awards for first 3 in each age category from W35 and M40 upwards (in 5 year bands).

Highlighted races are organized by RHAC (either alone or with one or more other Clubs)

Date	Race	Series	Comment
Saturday 26 th February	National Cross Country Championships, London	XC	Entry now closed.
Sunday 27 th February	HOPPITS HILL	FGP1/11	BS, 5km/210m
Feb-Sept	Watergrove Parkrun	RRC1/10	Best time to count.
Saturday, 5 th March	MOORHOUSE'S STAN BRADSHAW PENDLE ROUND	FGP2/11	BM, 16.7km/590m
Saturday, 5 th March	Race 4: South East Lancs, Heaton Park	XCSEL	Heaton Park
Sunday, 13 th March	Littleborough 5K	RRC2/10	
Sunday, 27 th March	Northern Athletics 6/12 Stage Road Relays and YA 5k - Birkenhead Park		Need 12 men and 6 ladies for this relay race.
Saturday, 9 th April	WARDLE SKYLINE	FGP3/11	BM, 11.3km/381m. We need volunteers to marshal this one.
Friday, 15 th April	Salford 10k	RRC3/10	Book early
Sunday 15 th May	Calderdale Relay Race		Off-road. Need team(s) of 12. Six legs run in pairs.
Wednesday, 18 th May	BLACKSTONE EDGE	FGP4/11	AS, 5.6km/366m
Thursday, 2 nd June	LEO POLLARD MEMORIAL RACE	FGP5/11	BM, 12km/426m
Friday, 10 th June	TDE – Day 1 Norden 6 Mile Road Race		We need volunteers to marshal this one.
Saturday, 11 th June	TDE – Day 2 Naden Valley Multi-Terrain Race (6 miles)		We need volunteers to marshal this one.

Sunday, 12 th June	TDE – Day 3 <u>KNOWL HILL FELL RACE</u>		BS, 9.7 km/396m. We need volunteers to marshal this one.
Wednesday, 15 th June	<u>BROWN WARDLE (AND A BIT MOOR)</u>	FGP6/11	AS, 3.3km/360m
Sunday, 19 th June	<u>Dr Ron Hill 7 mile race</u>	RRC4/10	
Sunday, 3 rd July	Gerry McCabe Hendon Brook race (13.5 miles)	RRC5/10	Entry will be via https://bookitzone.com/
Tuesday, 5 th July	<u>Rochdale 10k Road Race</u>		We need volunteers to marshal this one.
Tuesday, 12 th July	<u>BEATER CLOUGH</u>	FGP7/11	AM, 10.9km/610m
July-August	<u>Sale Sizzler 5K races</u>	RRC6/10	Best time to count. Dates TBC
Sunday, 7 th August	<u>SADDLEWORTH ROUND</u>	FGP8/11	BL, 29km/1,000m
Tuesday, 9 th Aug	<u>Ramsbottom Summer Mile</u>	RRC7/10	
Thursday, 1 st Sept	<u>Hades Hill fell race</u>		BS, 8km/360m
Saturday, 3 rd Sept	<u>GRISEDAL HORSESHOE</u>	FGP9/11	AM, 16km/1,525m
Sunday, 4 th Sept	<u>Garstang half marathon</u>	RRC8/10	
Saturday, 24 th Sept	<u>THIEVELEY PIKE</u>	FGP10/11	AS, 7km/400m
TBC	<u>Williams BMW Rochdale Half Marathon, 10K and Fun Run</u>		We need volunteers to marshal this one.
Sunday, 16 th Oct	<u>WITHINS SKYLINE</u>	FGP11/11	BM, 10.1km/300m
Sunday, 30 th Oct	<u>Accrington 10k</u>	RRC9/10	
TBC but likely Sunday, 20 th Nov	<u>Preston 10 mile race</u>	RRC10/10	Date TBC