Rochdale Harriers & A.C.

Role Description: Captain

Any capitalised terms used in this document which are defined in the Club's constitution shall have the same meaning as in the Club's constitution.

Responsibilities of the Men's and Ladies' Captains:

In relation to Senior athletes:

1. Be the first point of contact for potential new members of the Club.

2. Welcome new members to the Club, regardless of age and ability. Proactively maintain links with new Members so that they don't feel neglected and drift away.

3. If existing Members stop coming to training, stop racing or do not renew their membership, contact them to check whether they are OK and encourage their return.

4. Encourage Members to participate in Club events, including socials, cross country, road and fell championships and relay races ("Club Events").

5. Be a positive role model and a 'team player' by taking part in Club Events.

6. Be a person that Members feel comfortable to contact and talk to about any concerns or questions they may have. Provide support and advice where necessary.

7. Provide a voice for Members to the Committee and raise any issues with the Committee when necessary. Attend EGMs and AGMs where possible.

8. Assist in organizing teams - in a timely manner - to participate in local and national races (e.g. road relays, cross country and Calderdale relay).

9. Inform the Publicity Manager and Website Manager of any noteworthy achievements by Members so those achievements can be recognized.

10. Before the beginning of February of each year, agree races and rules for the annual Road Race Championships with any other Captains and propose those races and rules to the Committee for approval. As the season progresses, regularly publish the latest road race championship league tables as they then stand. At the end of the season, calculate trophy winners and final positions in accordance with the road race rules for that season.

This role description was approved by the Committee on 12th February 2024.

Signature of the Chair ……
Mr Nick Barton