

Rochdale 10K Results, 7th July 2026

Pos	Race No	Name	Category	Cat Pos	Gen Pos	Club	Net Time
1	74	Michael Mannings	MV35	1	1	Salford Harriers Ac	00:32:37
2	56	Luke Harrison	M Senior	1	2	Rochdale Harriers	00:32:57
3	8	Aaron Barker	MV35	2	3	Rossendale Harriers	00:33:55
4	96	Harry Peacocke	M Senior	2	4	Rochdale Harriers	00:34:47
5	21	Ian Carruthers	MV45	1	5		00:35:46
6	35	Kouros Driscoll	M Senior	3	6	Rossendale Harriers	00:35:59
7	17	Ashley Buckley	MV35	3	7	Salford Harriers Ac	00:36:03
8	46	Paul Freary	MV55	1	8	Belgrave Harriers	00:36:23
9	11	Danny Bennett	MV55	2	9	Rochdale Harriers	00:36:42
10	18	Luke Burley	MV35	4	10	Rochdale Harriers	00:36:53
11	62	Joe Horrocks	M Senior	4	11	Horwich Rmi	00:37:31
12	115	Conor Tyndall	MV40	1	12	Run:ea	00:37:34
13	139	Harry Birtley	MV50	1	13	Cheltenham & County Harriers	00:37:58
14	120	Vic Walsh	MV45	2	14	Belle Vue Racers	00:38:48
15	19	Lee Butler	MV40	2	15		00:38:55
16	14	Ben Bescoby	MV40	3	16	Ramsbottom Running Club	00:39:21
17	36	Eliott Duckworth	M Senior	5	17		00:39:35
18	9	Dexter Barnes	MV35	5	18	Rossendale Harriers	00:39:40
19	114	Paul Timms	MV45	3	19	Rochdale Triathlon Club	00:39:44
20	76	Aaron Marsh	MV35	6	20	Middleton Harriers	00:40:35
21	145	John Weaver	MV40	4	21		00:40:37
22	128	Dave Woods	MV45	4	22	Rossendale Triathlon Club	00:41:18
23	88	Sophie Murphy	F Senior	1	1	Rossendale Harriers	00:41:26
24	50	Liz Greenwood	F Senior	2	2		00:41:34
25	73	Chris Mann	MV40	5	23		00:41:47
26	71	Michael Lees	MV35	7	24	Prestwich AC	00:41:54
27	20	Graeme Cairns	MV45	5	25		00:41:52
28	25	Garreth Chambers	MV35	8	26	Pudsey Pacers	00:41:57
29	70	Jonathan Lawlor	MV35	9	27	Rochdale Harriers	00:42:52
30	141	Lauren Booth	F Senior	3	3	Hoad Hill Harriers	00:42:56
31	83	Paul Minton	MV40	6	28		00:43:03
32	98	Robert Quinn	MV40	7	29	Rossendale Harriers	00:43:17
33	66	Ian Howarth	MV45	6	30		00:43:14
34	143	Stephen Young	MV40	8	31		00:43:23
35	16	Adrian Brown	MV40	9	32	Royton Road Runners	00:43:48
36	34	Stuart Daniels	MV45	7	33	Rochdale Harriers	00:43:53
37	138	Bruno Rolinha	M Senior	6	34	Rochdale Harriers	00:44:07
38	109	Robin Shiels	MV50	2	35		00:44:09
39	68	Ryan Keenan	MV45	8	36	Rochdale Harriers	00:44:12
40	29	Derek Crewe	MV65	1	37	Salford Harriers Ac	00:44:24
41	37	Christian Ellis	MV50	3	38		00:44:36

42	5	Dave Aspinall	MV40	10	39	Rochdale Harriers	00:45:30
43	69	Emma Kerwin	F Senior	4	4	Todmorden Harriers	00:45:38
44	52	Tom Grindrod	M Senior	7	40		00:45:42
45	127	Tanya Williams	FV40	1	5	Rochdale Triathlon Club	00:45:49
46	133	John Zenzuck	MV40	11	41		00:46:33
47	142	Jan Harwood	MV40	12	42		00:46:33
48	135	Rob Bishop	MV45	9	43	Middleton Harriers	00:46:47
49	146	Jo Bishop	FV40	2	6	Middleton Harriers	00:46:48
50	97	Stephen Porch	MV50	4	44		00:46:55
51	72	Vanessa Lobb	FV35	1	7	Ramsbottom Running Club	00:47:13
52	58	Lesley Heyes	FV60	1	8	Ramsbottom Running Club	00:48:12
53	7	Tommy Bancroft	MV55	3	45	Hyde Village Striders	00:48:32
54	79	Neal Matley	M Senior	8	46		00:48:48
55	95	Lucy Parker	FV45	1	9	Trawden Athletic	00:48:57
56	48	Ben Golding-Smith	MV45	10	47	Stainland Lions Running Club	00:49:00
57	44	Kenny Forster	MV65	2	48	Fra	00:49:06
58	92	Vicky O'Brien	FV40	3	10	Ramsbottom Running Club	00:49:37
59	1	Ross Allen	MV40	13	49	Rochdale Triathlon Club	00:49:36
60	4	Martin Ashworth	MV40	14	50		00:49:49
61	111	Colin Smith	MV65	3	51		00:50:01
62	148	Connor Barrett	M Senior	9	52	Burnden Road Runners	00:50:58
63	91	Patrick O'Brien	MV70	1	53	Belle Vue Racers	00:51:02
64	130	Simon Wooldridge	MV45	11	54	Ramsbottom Running Club	00:51:12
65	23	Colin Cavanah	MV50	5	55		00:51:10
66	90	James Nyakwima	MV35	10	56		00:51:26
67	42	Gaby Ferris	FV50	1	11	Stainland Lions	00:51:42
68	75	Paul Marsden	MV40	15	57		00:51:58
69	26	Karen Charters	FV50	2	12	Belle Vue Racers	00:52:07
70	99	Irfan Qureshi	MV55	4	58	Bury AC	00:52:16
71	59	Phill Higgins	MV40	16	59		00:52:47
72	33	Dave Dalton	MV65	4	60		00:53:14
73	86	Ivan Morley	MV55	5	61		00:53:32
74	85	Nhail Morley	M Senior	10	62		00:53:32
75	116	Marcus Urey	M Senior	11	63		00:54:09
76	100	Steve Randall	MV50	6	64	Meltham AC	00:54:25
77	140	Helen Mutch	FV40	4	13	Middleton Harriers	00:54:24
78	77	Freya Martin	F Senior	5	14		00:54:26
79	15	Anna Blomfield	FV65	1	15	Rochdale Harriers	00:54:43
80	6	Rachel Baldwin	F Senior	6	16	Ramsbottom Running Club	00:54:45
81	3	John Archer	MV75	1	65	Sale Harriers	00:55:39
82	54	Ruby Hamilton	F Senior	7	17	Dukes Drive Runners	00:55:55
83	106	Sadaf Saeed	FV40	5	18	Rochdale Harriers	00:56:11
84	132	Ann Wright	FV60	2	19		00:56:12
85	43	Owen Flage	MV50	7	66	Royton Road Runners	00:56:20
86	40	Mark Fearnley	MV60	1	67	Northwich Running Club	00:56:33

87	129	Cecilia Woods	FV65	2	20	Ramsbottom Running Club	00:56:45
88	45	Julia Foy	FV55	1	21	Belle Vue Racers	00:56:49
89	10	Martin Bates	MV65	5	68	Wesham Road Runners	00:57:30
90	51	Jenny Grindrod	FV55	2	22	Rochdale Harriers	00:57:49
91	57	Chloe Hewlett	FV35	2	23	Meltham AC	00:58:05
92	64	Kath Horwill	FV50	3	24	Belle Vue Racers	00:58:26
93	121	Anthony Walsh	MV75	2	69	Rescue Service	00:59:19
94	119	Eileen Wadsworth	FV65	3	25	Rossendale Harriers	00:59:32
95	82	Victoria McCauley	F Senior	8	26	Ramsbottom Running Club	00:59:49
96	147	Samantha Fretwell	FV45	2	27	Rochdale Harriers	01:00:00
97	12	Bryan Beresford	M Senior	12	70		01:01:02
98	49	Josh Goodwin	M Senior	13	71	Mmg	01:01:30
99	13	Alexandra Beresford	F Senior	9	28		01:01:33
100	55	Craig Hankey	MV50	8	72	Boalloy Running Club	01:01:47
101	60	Dawn Hilditch	FV65	4	29		01:02:56
102	113	David Thompson	MV55	6	73	Club	01:02:56
103	87	William Murgtroyd	MV70	2	74		01:03:58
104	31	Ray Dalby	MV70	3	75	Rochdale Harriers	01:04:42
105	103	Kristian Robinson	MV55	7	76	Rochdale Harriers	01:04:42
106	112	Ian Stainthorpe	MV60	2	77	Rochdale Harriers	01:04:41
107	41	Lisa Fenton	FV50	4	30	LABC Runners	01:04:51
108	108	Caitlin Shepherd	F Senior	10	31		01:06:15
109	30	Cunningham	FV50	5	32	Rochdale Harriers	01:06:28
110	107	Louise Saunders	FV40	6	33		01:06:27
111	2	Stephen Andrew	MV45	12	78		01:07:47
112	65	Lauren Howarth	F Senior	11	34		01:10:21
113	123	Derek White	MV80	1	79		01:11:35
114	110	Andrea Sidebottom	FV65	5	35	Ramsbottom Running Club	01:12:18
115	53	Julie Habib	FV45	3	36	Rochdale Harriers	01:17:48
116	93	Su Page	FV55	3	37	Club	01:20:11
117	118	Carole Vizzard	FV60	3	38	Ramsbottom Running Club	01:21:47
118	78	Callum Mason	MV35	11	80		01:22:17
119	61	Laura Hodson	FV40	7	39	Belle Vue Racers	01:25:28
	136	Alan Lundbergh - Bury	MV60			Rossendale Harriers	00:00:00